

**Fellowship House
Recovery Support Program**
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**Connecticut
Department of
Veterans' Affairs**

**State of Connecticut
Veterans' Home
At
Rocky Hill**

**Fellowship House
Recovery Support
Program**

**Our Mission
Statement**

**"Serving Those Who
Served"**

RECOVERY SUPPORT PROGRAM

Dr. Felice Guberman, Ph.D., Program Director

The Recovery Support Program (RSP), located in the Fellowship House on the grounds of the State of Connecticut Department of Veterans Affairs (DVA), is a residential program offering a bridge between a more intensive inpatient or day treatment program and the independent lifestyle associated with returning to the community. It is designed to assist and support eligible veterans after successful completion of either day or inpatient rehabilitation programs.

PROGRAMS

The services provided are matched to a client's level of medical care, including full medical, psychosocial, psychological, and tertiary psychiatric follow-up. These levels of care are provided while a veteran resides in our treatment facility, which is physically separate from the Residential Facility on grounds. The Recovery Support Program is closely interfaced with other services provided here at the Department of Veterans Affairs, whose programs primarily focus is on educational and vocational programs, employment counseling, and job placement assistance.

AVAILABLE SERVICES

The Program consists of one year of intensive treatment followed by one year of extended living which provides ongoing support from the staff and the community. A referral resource network gives clients access to an expanded range of recovery and rehabilitative services. Comprehensive evaluation and assessment of rehabilitation needs provide the backdrop for matching clients to an appropriate level of substance abuse options.

Following this process, individual treatment plans are developed with the client and the treatment staff to maximize the possibility of meeting the veteran's long term goals. Individual and group sessions are provided to clarify the recovery process, confront personal barriers to recovery, and to assist the veteran in generating momentum toward stable, long-term abstinence from mind-altering substances.

Extensive relapse prevention, 12-step groups, Anger Management, Meditation, DBT, Exercise and dual diagnosis support are some of the many areas covered within our Program. Group aftercare services are also provided to help in dealing with the many issues that arise as the veteran transitions into main-stream living.

STAFF

The Recovery Support Program staff is currently comprised of rehabilitation counselors and a Program Director who help guide clients along a clear pathway to recovery. Social work needs are handled through consultation with the Social Work Department which is located in the residential facility. Clients meet individually with a social worker.

ELIGIBILITY

All residents of the Veterans Home are eligible for treatment/supportive rehabilitation services. Admission to the Recovery Support Program is coordinated through the Admissions Office at the Department of Veterans Affairs. Veterans are eligible for services through the Department of Veterans Affairs after completing an application for admission and a successful review by the admissions committee.

For more information, please call our Program Secretary at (860) 616-3832.